

NAVOSH

Navy Occupational Safety & Health

PLANNER

2001



The Navy is committed to protecting our most valuable resource . . . Our People.

The NAVOSH Program



Vision

The Navy is a recognized leader in Occupational Safety and Health and is committed to protecting people.

Our personnel accept responsibility for their safety and health performance.

Occupational Safety and Health support is customer-oriented, of the highest quality, and is delivered to the right people at the right time.

Hazard control and compliance with Occupational Safety and Health requirements are integral to doing the job right.

Guiding Principles

Protecting people is our most important undertaking.



We are committed to ensuring personnel have the knowledge and tools necessary to carry out their safety and health responsibilities.



We will make decisions that are practical and technically sound.



We will be responsive and flexible in anticipating and meeting the customer's needs.



We will strive for compliance with applicable regulatory requirements.



We will promote and support command responsibility for safety and health.



We are dedicated to maintaining a high level of professionalism, credibility, and a positive image.



We will strive to continually improve our processes.



U.S. Navy Photo

December 2000						
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Make Safety & Health a Core Value in the New Millennium

Is safety & health a goal or a core value at your activity? How would you know the difference? Think about how you communicate safety in terms of your activity mission - if you cannot find it in your activity mission, vision, or strategic plan, or only within the safety office mission, vision, and goals, perhaps it is only a goal, and not a core value integral to your work ethic.

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JANUARY

J A N U A R Y

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 Due date for COMNAV- FACENGCOM Submission of NAVOSH Hazard Abatement Summary New Year's Day	2	3	4	5	6
7	8	9	10	11	12	13
14	15 Due date for ECHELON 2 Cost Data Report to CNO N45 Martin Luther King, Jr.'s Birthday	16	17	18	19	20
21	22	23	24	25	26	27
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U.S. Navy Photo

January 2001						
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Make Safety & Health a "Team" Effort in the New Millennium

Line managers and employees, safety and occupational health professionals, and medical support and human resources personnel all have key roles as part of the safety & health "team." Be sure your "team" understands their roles and responsibilities and that each "team" member is equipped with the requisite knowledge and skills, proper tools and equipment, and adequate resources and support to accomplish their mission not only on time and within budget, but efficiently, effectively, and safely without mishaps, near misses, or property damage.

NAVOSH
2001

FEBRUARY

F E B R U A R Y

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National Child Passenger Safety Awareness Week						
	Lincoln's Birthday		Valentine's Day			
18	19	20	21	22	23	24
	Presidents' Day			Washington's Birthday		
25	26	27	28			
			Ash Wednesday			



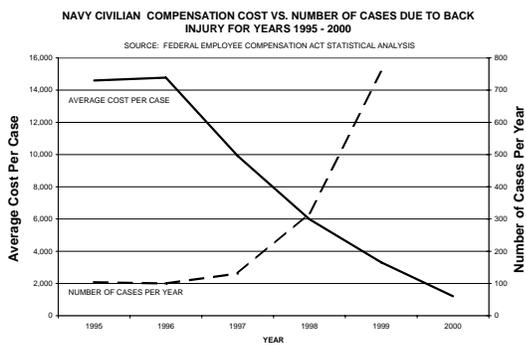
U.S. Navy Photo - Navy Hospital, Rota, Spain

February 2001						
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Ergonomic Risk Factors



Tasks involving repetitive and prolonged static activities, awkward postures, and non-adjustable workstations are examples of ergonomic risk factors that may result in the onset of Work-Related Musculoskeletal Disorders (WMSDs). Have you conducted an annual analysis of injury and illness records, and if necessary, evaluated your workplace for ergonomic risk factors?

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MARCH



U.S. Navy Photo - Amphibious Base, Norfolk, VA

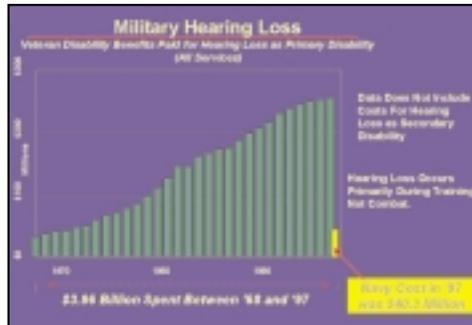
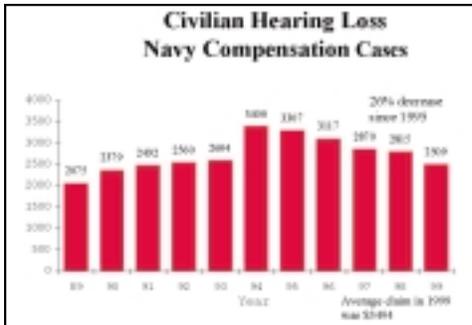
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Hearing Protection

Hearing loss rates continue to be a major occupational health concern. Proactive and effective engineering controls, hearing personal protective equipment, and supervision are critical elements to prevent hearing loss.



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APRIL

A P R I L

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
International Building Safety Week: April 1-7 National Public Health Week: April 2-8						
Daylight Savings Time Begins (Set clock ahead one hour)						World Health Day
8	9	10	11	12	13	14
National Public Health Week: April 2-8	9th Annual NAVOSH Professional Development Conference - San Diego, CA					
Palm Sunday Passover					Good Friday	
15	16	17	18	19	20	21
Due date for Activity Submission of Semi-Annual Injury/Illness Log to Naval Safety Center						
Easter						
22	23	24	25	26	27	28
National Window Safety Week						
Earth Day						
29	30					



U.S. Navy Photo - Shore Intermediate Maintenance Activity, Norfolk, VA

April 2001						
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May 2001						
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Wear the Proper Personal Protective Equipment

In addition to selecting the correct welding rod to perform the job effectively, be sure to wear the proper personal protective equipment (PPE) to perform the job safely.

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MAY



U.S. Navy Photo - PWC Guam

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June 2001						
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July 2001						
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Successful Execution Requires Good Planning

What's wrong in this photo?

Hint: Check out the harness and D-ring location to start. How many more safety & health concerns can you identify in the photo?

(Answer in July calendar)

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JUNE

National Safety Month

J U N E

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

1

2

American Industrial Hygiene Conference & Expo 2001 - New Orleans, LA

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American Industrial Hygiene Conference & Expo 2001 - New Orleans, LA

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American Society of Safety Engineers Safety 2001 Conference - Anaheim, CA

Flag Day

17

18

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Father's Day

First Day of Summer

24

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U.S. Navy Photo

Negative pressure fit test

June 2001						
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July 2001						
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August 2001						
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Respirator Positive & Negative Pressure Fit Tests

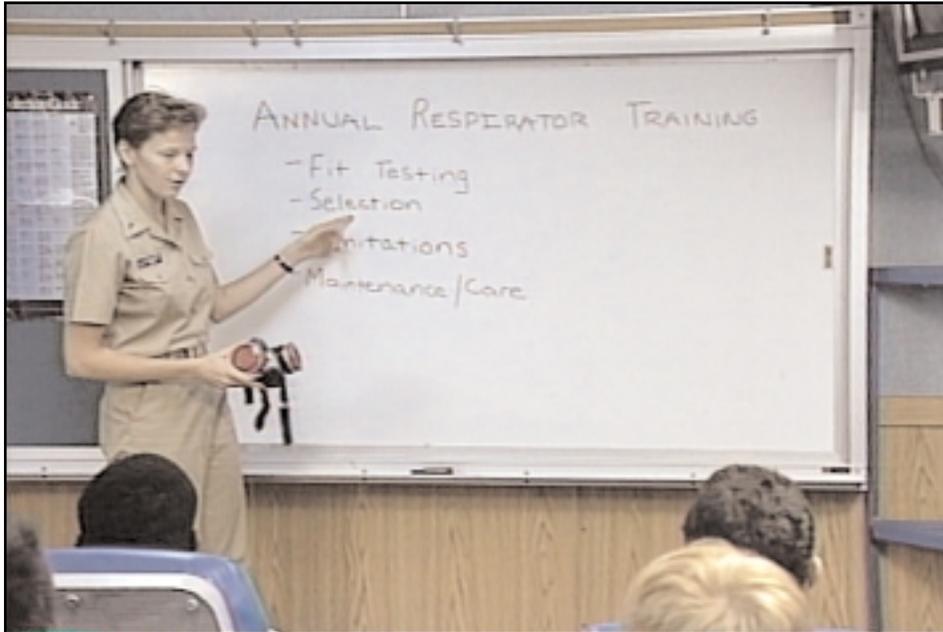
Negative pressure fit-test: Cover the cartridges with the palms of your hands, then inhale gently and hold for 10 seconds. If respirator maintains its slightly collapsed condition with no signs of air leakage, satisfactory face-piece seal has been achieved.

Positive pressure fit test: Cover exhalation valve with the palms of your hands, then exhale gently. Satisfactory face-piece seal is achieved if there is a slight positive pressure buildup inside the mask with no signs of outside leakage from the mask.



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JULY



U.S. Navy Photo

July 2001						
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Effective Safety & Health Training

Effective training reduces mishaps, but training is more than standing and delivering. It is making certain there is a lasting transfer of knowledge, skill, and ability that trainees can demonstrate not only during class, but weeks or months after training is completed. How do you measure training effectiveness?

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AUGUST

AUGUST

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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U.S. Navy Photo - USS Bataan - LHD 5

August 2001						
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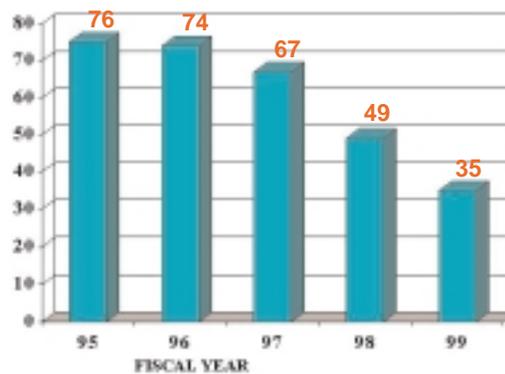
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October 2001						
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Fall Protection

Orientation training in fall protection provided to architects/engineers, designers, construction representatives, and safety & health professionals over recent years has helped to reduce the total number of fall mishaps. However, falls remain a major source of serious workplace traumatic injuries. The Naval Safety Center and Navy personnel, trained as “competent” persons, can help with fall protection solutions.

DECREASED NUMBER OF CIVILIAN FALL MISHAPS PER 100,00 WORKERS



NAVOSH
2001

SEPTEMBER

S E P T E M B E R

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 Due date for receipt of NAVOSH Training Requirements at NAVOSHETC
2	3 Labor Day	4	5	6	7	8
9	10 19th Annual System Safety Conference - Huntsville, AL	11	12	13	14	15
16	17	18	19	20	21 National Safety Council/Federal Safety & Health Congress Conference & Expo 2001 - Atlanta, GA	22 First Day of Autumn
23	24	25	26	27	28	29
National Safety Council/Federal Safety & Health Congress Conference & Expo 2001 - Atlanta, GA						
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U.S. Navy Photo - Shore Intermediate Maintenance Activity, Norfolk, VA

September 2001						
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October 2001						
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November 2001						
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Safety & Health Self-Assessment under PR&MS

Effective risk management means considering all hazards when planning, supervising, and performing tasks. Likewise, your safety & health self-assessment must address each and every Process Review & Measurement System (PR&MS) pillar, including assessing the effectiveness of your self-assessment process.

NAVOSH
2001

OCTOBER

OCTOBER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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National Fire Prevention Week						
	Columbus Day Observed					
14	15	16	17	18	19	20
	Due date for Activity Submission of Semi-Annual Injury/Illness Log to Naval Safety Center					
21	22	23	24	25	26	27
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Daylight Saving Time Ends (Set clock back 1 hour)			Halloween			



U.S. Navy Photo - NAS Keflavik, Iceland

October 2001						
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Safety Awards



NAS Keflavik received recognition in both the activity and individual safety award categories in FY2000, taking home the SECNAV Safety Award, CNO Safety Award, and Individual Field Civilian Safety Award. Are you or your safety & health program award-quality material? Now is the time to submit your award nominations or begin preparing to submit next year.

NAVOSH

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NOVEMBER

N O V E M B E R

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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		Election Day				
11	12	13	14	15	16	17
Veterans' Day			Due date for: - Post Annual Mishap Log - Post Annual Report of Navy Civilian Occupational Injury/Illness Log	Due date for Headquarters submission of Self-Improvement Plans to CNO N45		
18	19	20	21	22	23	24
				Thanksgiving Day		
25	26	27	28	29	30	



U.S. Navy Photo - USS Abraham Lincoln CVN-72

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Operation Safe & Healthy

The greatest gift you could give or receive is safety and health. So, this holiday season, go ahead and give yourself and others the gift that will last a lifetime: a safe & healthful work ethic and workplace.

Happy Holidays from the NAVOSH Community!

NAVOSH
2001

DECEMBER

D E C E M B E R

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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					National Pearl Harbor Day	
9	10	11	12	13	14	15
	Hanukkah					
16	17	18	19	20	21	22
					First Day of Winter	
23	24	25	26	27	28	29
		Christmas Day				
30	31					
	Annual Inventory of Military Exempt Lasers & Class IIIB and IV Lasers to BUMED New Year's Eve					

SAFETY & HEALTH WEBSITES

Government Websites

Army Safety: safety.army.mil/home.html

CDC: www.cdc.gov/

CCOHS: www.ccohs.ca/

Chemical Safety Board: www.chemsafety.gov

Consumer Safety Recalls: www.cpsc.gov

DOD DENIX & Acquisition: www.denix.osd.mil/denix/public/ES-Programs/Force/Safety/safety.html

DOD Injury & Unemployment Compensation: www.cpms.osd.mil/icuc/

DOD Policies on the Web: <http://www.dodssp.daps.mil/>

DOD Shelf Life Program: www.shelflife.hq.dla.mil/

DOE: www.tis.eh.doe.gov/portal/

EPA: www.epa.gov

HMIS On-line: www.dlis.dla.mil/HMIS

HTIS (Hazardous Technical Information Services): www.dscr.dla.mil/htis/

HUD (Lead Paints): www.hud.gov/lea/

National Interagency Fire Center (NIFC): www.nifc.gov/

NIH (Medline): www.nlm.nih.gov

NIOSH: www.cdc.gov/niosh

OSHA: www.osha.gov

USAF Institute for ESOH Risk Analysis: www.bupers.navy.mil/

USCG Safety: www.uscg.mil/hq/g-w/g-wk/g-wks/wksP1.htm

USDOT (HAZMAT Safety): hazmat.dot.gov

Navy Websites

Afloat IH Surveys: www.nehc.med.navy.mil/ih/afloat.htm

BUMED: bumed.med.navy.mil/med24/med-2422/Default.htm

Charatte Health Care Center: www-nmcp.med.navy.mil/

CNET: www.cnet.navy.mil/

CNO: www.hq.navy.mil/

CNO N454: www.navosh.net

Industrial Hygiene Field Operations Manual: www.nehc.med.navy.mil/ih/ihfom99.htm

Naval Facilities Engineering Command: www.navfac-safety.navy.mil/

Naval Facilities Engineering Service Center:

enviro.nfesc.navy.mil/esc425/NOSHARBR.htm

NAVOSHENVTRACEN: www.norva.navy.mil/navosh

NAVSAFECEN: www.safetycenter.navy.mil/

NAVSEA: www.navsea.navy.mil/sea00twww

Navy Electronic Directives System: neds.nebt.daps.mil/

Navy Office of Information: www.chinfo.navy.mil/

NEHC: www-nehc.med.navy.mil/nehclink.htm

U.S Marine Corps: www.hqmc.usmc.mil/safety.nsf

Naval Hospital Portsmouth: www-nmcp.mar.med.navy.mil/

Other Websites

ACGIH: www.acgih.org/

AAOHN (American Association of Occupational Health Nurses): www.aaohn.org

AIHA (American Industrial Hygiene Association): www.aiha.org

American Chemical Society: dchas.cehs.siu.edu

ANSI (American National Standards Institute): www.ansi.org

ASSE (American Society of Safety Engineers): www.asse.org

Board of Certified Industrial Hygienists: www.abih.org/

Board of Certified Safety Professionals: www.bcsp.org/

BNA (Bureau of National Affairs): www.bna.com/

Duke University Occupational Medicine: gilligan.mc.duke.edu/oem

ISO (International Organization for Standardization): www.iso.ch

Lifelines: www.lifelines2000.org/

National Safety Council: www.nsc.org/

OSHWEB: www-iea.me.tut.fi/

Safety Information on the Internet: www.siri.org

System Safety Society: www.system-safety.org